

Formal Assessment Task 1

Grade 3 Term 2

Worksheet 1

Name

Date.....

Read the different situations below.

Make a tick \checkmark next to those you could do to help a friend who has an ill relative and make a cross X next to those that would not be helping him/her. Give reasons for your answer. (reasons not dealt with yet)

1. Bring them something to eat.
2. Avoid him/her because you do not want to see her/him.
3. Be patient with him/her
4. Assist her/him when there is need.
5. Pray for them.
6. Force him/her to talk to you.
7. Tell him/her to forget about the situation and go on with his/her life.

	1	2	3	4
LO 3 AS 3 & 4 Explains how she/he copes with challenging emotions including dealing with people living with diseases and illness	Cannot differentiate between actions that help and those that do not help	Can differentiate between few actions that help and those that do not help	Can differentiate between most actions that help and those that do not help	Can differentiate between actions that help and those that do not help and give reasons for her/his answers

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Worksheet 2

Name..... Date.....,

Match the picture to the relevant object and write contact numbers of each
(contact numbers not taught yet)

1. Picture of a Policeman	Picture of a Bible
2. Picture of a Nurse	Picture of Books
3. Picture of a Traditional Healer	Police Van
4. Picture of a Priest	Picture of a syringe
5. Picture of an Educator	Picture of drums

	1	2	3	4
LO 1 AS 4 Identifies relevant people and their contact details to report cases of accidents, abuse, crime, fire, illness and injury	Cannot match people with relevant objects and contact numbers	Can match some people with relevant objects and no contact numbers	Can match most people with relevant objects but no contact numbers	Can match all people with relevant objects and some contact numbers

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Worksheet 3

Name

Date

Eat sweets	Swim	Jump	Eat vegetables	Cleanliness
Wearing dirty Clothes	Stealing	Drink water	Do not want to share	Skip
Eat fruit	Stretch your arms 4 times	Do not drink water	Play	Run

Complete the following sentences using the above table and write the effects of each habit:

- Five unhealthy habits are-----

- Five forms of exercises are -----

- Five healthy habits are -----

	1	2	3	4
LO 1 AS1 Compares healthy and poor dietary habits and describe the effects of such habits on personal health	I cannot identify and describe the effects of healthy dietary habits. I get confused	I can identify and describe the effects of few healthy dietary habits. I still need help.	I can identify and describe the effects of most healthy dietary habits	I can identify, describe the effects and give reasons of most healthy dietary habits
	I cannot identify and describe the effects of poor dietary habits I get confused	I can identify and describe the effects of few poor dietary habits. I still need help	I can identify and describe the effects of most poor dietary habits	I can identify, describe effects and give reasons of most poor dietary habits
	I cannot identify and describe the effects of forms of exercises I get confused	I can identify and describe the effects of few forms of exercises. I still need help.	I can identify and describe the effects of most forms of exercises	I can identify, describe the effects and give reasons of most forms of exercises.