

Lesson Plans Gr. 1 Term 3 Sesotho

<p><u>WEEK 1 & 2</u> <u>Dikahare: Tshireletso</u> <u>Sehloho::Mollo,motlakasi,tjhefu,likotsi jj</u> <u>Sepheho 1: Ho mamela</u> <u>Maemo 2</u> : Bontsha kutlwisiso le boitshwaro ka ho neha sebui tlhompho le sebaka sa ho bua, ho botsa dipotso bakeng sa tlhakisetso. AS 3: O mamela ka boithabiso dipale tsa kgutshwane, dithothokiso le dipina tsa meetlo e fapaneng ho bontsha kutlwisiso. <u>Sepheho 2:</u> Maemo 3: O bina a thothokise a etsise dipina le dithothokiso Maemo 8: Onka seabo ka phaposeng le dihlopheng. 8.3 O araba dipotso tse botswang ke bamamedi. <u>Sepheho 3: Bala o senola.</u> Maemo 1: Osebedisa dithusa thuto tse bonahalang ho etsa moelelo. 1.1. O lepa pale e ka hare ka ho bona bo kantele ba buka.. Maemo 4: O hlokomela ditlhaku le mabitso a ntshe moelelo ho dingolwa 4.3 O sebedisa kaho le tlhokomelo ya mantswe ho qapq mantswe a matjha le a sa tlwaelehang jk tsela ya ho aha lentsewe le dipatene tsa ditlhaku. Maemo 3: Ho etsa moelelo wa dingolwa. 3.1. O bala pale le morutabana Ba tshohla mooko taba. <u>Sepheho 4: Mongolo</u> Maemo 1: A ngola mongolo o hlakileng ka potlako: 1.3. Ba bopa ditlhaku tsa nteterwane ka ho nepahetseng. Maemo 6: O qala ho aha tlotlontsewe le ho peleta mantswe 6.4. O ikahela banka ya mantswe le bukana ya tlhaloso ya mantswe <u>Kgokahanyo</u> Tsa bophelo <u>Sepheho 1:</u> <u>Maemo 4:</u> qolla dikotsi tse tshwanetseng ho hlokomela tseleng e yang sekolong. <u>Maemo 5:</u> Ba hlokomela maemo a tlikefetso le motho eo ho tlalehwang ho yena <u>Maemo 3:</u> hlalohanya maemo a sireletsehileng le a kotsi.</p>	<p><u>Tsela tsa ho ruta le ho bala</u> Morutabana o sebedisa pale/ thothokiso kapa pina. -Morutabana o qala pale ka ho bontsha baithuti bokantle ba buka. -Baithuti ba nahana se tla etsahala paleng -Morutabana o bala pale le baithuti e buwang ka mollo a sebedisa buka e kgolo (shared reading) -Baithuti ba bala ka dihlotshwana morutabana a lokisa diphoso (guided reading) - Baithuti ba bala ka bonngwe -Baithuti ba bua ka dikotsi tsa mollo -Baithuti ba botswa dipotso ka pale Morutabana le baithuti ba etsa dathothokiso le dipina.</p> <p>Motse wa tjha x2 Sheba mona x2 Mollo mollo x2</p> <p>-Baithuti ba ngola mantswe a matiha. -Morutabana le baithuti ba bala mantswe. -Morutabana le baithuti ba etsa banka ya mantswe. -Baithuti ba ngola tlotlontsewe . -Baithuti ba ngola ditlhaku tsa nteterwana ba sheba ditlhaku tse hlahang</p> <p><u>TLHOKOMEDISO</u> : Morutabana o eletswa ho sebedisa dihlooho tse ding jwaleka, motlakase, tjhefo jj. <u>Hlokomela:</u>Morutabana o eletswa ho tadima moralo e meng ka dihlooho tse ding.</p>	
<u>DISEBEDISWA</u>		
Buka e kgolo, buka ya mosebetsi, papetlwa ya pina		
<u>TSELA TSA HO LEKOLA</u>		
<u>Mekgwa</u> Morutabana Baithuti	<u>Tsela</u> Puo molomo	<u>Disebediswa</u> Checklist Rating Scale
<u>DTSHITA KA PHAPOSING</u>		
-A tshaba ho bala - A sa rate ho ngola -A sa kgone ho ngola hanhle		

TJHEBO YA TITJHERE

- E be baithuti bay a utlwisisa?
 - E be baithuti le bokgoni ba ho mamela?
- Le ho bua.

<p><u>Week 3</u> <u>Dikahare: Metsi le tlhwekiso</u> <u>Sehloho: Mehloodi , mesebetsi, polokeho.jj</u> <u>Sephetho 1: Ho mamela</u> <u>Maemo 3 : O mamela ka boithabiso dipale tse kgutswane</u> , dithothokiso ledipina tsa meetlo e fapaneng ho bontsha kwitlwisiso 3.2. A bapale ntlha tsa bohlokwa paleng ,a bine , a etse thothokiso. <u>Sephetho 2: Ho bua</u> Maemo 1: O bua ka (dintho) diketsahalo tseo a ditsebang, maikutlo le ditaba. Maemo 3: O bina a thothokise a etsise dipina le dithothokiso <u>Sephetho 3: Ho bala o senola</u> <u>Maemo 3: Ho etsa moeelo wa dingolo.</u> 3.1. O bala pale le morutabana a boleke haeba pale a e ratile a boleke lebaka. -O kgetha dintlha tsa bohlokwa (tatellana ya diketsahalo) Maemo 5: Ho hodisa kaho ya mantswe. 5.1. O hlokomela a bitse ditlhaku tsa alefabela (Alphabet) Maemo 6: O (aha) bopa mantswe ka ho kopanya ditumanotsi le ditumammoho mohl. A-ka, e-ta. <u>Sephetho 4 Mongolo.</u> Maemo 5: Ngola hore le ba bang ba utlwisisa, ba sebedise mongolo o tlwaelehileng le dipolelwana. 5.2. A tsebe ho siya dibska pakeng tsa mabitso. 5.5 Ba qala ho sebedisa matshwao a puo (jk ditlhaku tse kgolo tsa mabitso le matshwao a puo). Maemo 4. Moralo le ho ikgopotsa mosebetsi. 4.1. O hlahisa maikutlo dihlotshwaneng <u>Kgokahanyo</u> <u>Mahlale a bophelo.</u> <u>Sephetho 1:</u> Tsa bophelo Maemo 2: O Hlalosa bohato ba ka thusang bohlweki le ho bapisa bohato ba bophelo tikolohong</p>	<p><u>Tsela tsa ho ruta le ho bala</u> Morutabana o phetela baithuti pale e buang ka metsi -Baithuti ba mametse ka hloko le ka boithabiso. -Baithuti ba bantsha maikutlo a bona ka pale. -Morutabana le baithuti ba bina pina ba etsa le thothokiso ka metsi -Morutabana o maneha papetlwa e ngotseng pale. -Baithuti ba bala pale le morutabana (shared reading) -Baithuti ba bala ka dihlotswana ba balla hodimo, morutabana lokisa diphoso.</p> <p>-Moithuti o bala ale mong -Baithuti ba araba dipotso ka pale -Baithuti ba kgetha dintlha tsa bohlokwa -Baithuti ba ngola mantswe matjha ba qala ka ditlhaku tse kgolo tsa alfabela. -Baithuti le morutabana ba bala mantswe -Baithuti ba bopa mantswe ka ho kopanya ditumanotsi le dituma mmoho mohl: a-ka, e-ma o-ma -Baithuti ba ngola dipolelwana ka mantswe ba bile basebedisa ditlhaku tse kgalo qalong ba kenye kgutlo qetelong ya polelo. <u>Hlokomela:</u>Morutabana o eletswe ho tadima moralo e meng ka dihlooho tse ding.</p>	
DISEBEDISWA Buka ya mosebetsi, papetlwa ya pale , metsi, jiki, pitsa		
TSELA TSA HO LEKOLA		
<u>Mekgwa</u> Morutabana Sehlopha	<u>Tsela</u> Puo molomo	<u>Disebediswa</u> Buka ya kelohloko
DITSHITA KA PHAPOSING -A tshaba ho bala -A sa rate ho ngola -A sa kgone ho ngola hantle		

TJHEBO YA TITJHERE

- E be baithuti ba ya utlwisisa
- E be baithuti le bokgoni ba ho mamela
- Le ho bua?

Week 4 & 5

Dikahare: Mafu a tshwaetsang

Sehlooho: Letshallo ,lefuba,phamokate,ji

Sepheho 1: Ho mamela

Maemo 1: Re tseba hona ha ngwana a mamela ditaelo le ditsebiso ka hloko a araba hantle.

Maemo 3: O mamela ha monate dipale tse kgutshwane, dithothokiso le dipina tsa meetlo e fapaneng ho bontsha kutlwisiso.

3.5: O beha ditshwantsho ka tatellano ya tsona a be a bapise mabitso le ditshwabtsho.

Sepheho 2: Ho bua

Maemo 3: Ho etsa moelelo wa dingolwa

3.1.: O bala pale le morutabana

O kgetha dintlha tsa bohlokwa (sebapadisa, sehlooho, tatellano ya diketsahalo)

Maemo 4: O hlokomela ditlhaku le mabitso a ntshe moelelo ho dingolwa.

4.2: A tsebe ho bala mongolo wa hae le wa baithuti ba bang.

Sepheho 5:

AS:5O hodisa kahoo ya mantswe.

5.4 Ba aha mantswe a makgutshwane a nang le tumanotshi e le nngwe e.g. koto, poto pata.

5.3. Utlwisisa hore mabitso a ditlhaku ha a tjhentjhe empa sehalo sona se ka thentjha, mohl noka , noka

Sepheho 4: Mongolo

Maemo 6: O qala ho aha tlotlontswe le ho peleta mantswe.

6.2. Peleta mantswe a tlwaelehileng ka nepo le ho bapisa bohato ba bophelo tikolohong.

Kgokahanyo

Mahlale a bophelo

LO:1Tsa Bophelo

AS:2O hlalosa bohato bo ka thusang bohlweki le ho bapisa bohato ba bophelo tikolohong.

Tsela tsa ho ruta le ho bala

- Morutabana o pheta pale ka mefuta ya mefuta ya mafu.

- Baithuti le morutabana ba bala seratswana ka kutlwisiso (shared reading)

-Baithuti ba bala ka dihlotswano morutabana o lokisa diphoso .

-O sebedisa di poustara ho hlalosa mafu.

-Morutabana le baithuti ba bala mabitso.

-Baithuti ba etsa thothokiso

-Ba aha mantswe ka tlhaku eo ba e nehilweng le dimanotshe e le nngwe.

-Ba peleta mabitso

-Ba ngola dikarabo tse hlahellang seratswaneng sa kutlwisiso.

Hlokomela:Morutabana o eletswa ho tadima moralo e meng ka dihlooho tse ding.

DISEBEDISWA

Papetlwa,Setshwantsho,dipapetlwa ,Dibuka, Koranta,Magazines

TSELA TSA HO LEKOLA

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DITSHITA KA PHAPOSING

TJHEBO YA TITJHERE

WEEK 6

Dikahare:Mefuta ya merabe

Sehloho:Diaparo,Dijo,Puo jj

LO:1Ho mamela

AS:3O mamela ka boithabiso dipale tse kgutshwane,dithothokiso le dipina tsa meetlo e fapaneng ho bontsha kutlwisiso.

3.6O araba dipotso tse bulehileng mabapi le pale

Kgokahanyo Ka Hare

LO:2Ho Bua

AS:2O bolela dintlha a sebedisa ditlhaloso tse nang le thahasello le diketso

LO:3Ho bala o senola

AS:5Ho hodisa kaho ya mantswe

5.6O hlokomela ditumammoho tse qalang lentse jwaloka,tl=tlala

Ny=nyeka

AS:6O aha bopa mantswe ka ho kopanya ditumanotsi le ditumammoho jk a-ka, e-ta

LO:4 Ho ngola

AS:1A ngola mongolo a hlakileng ka potlako.

1.3Ba bopa ditlhaku tsa ntenterwane ka ho nepahetseng.

AS:3O ngola ka morero o fapaneng(different purposes)

AS:5Ngola hore le ba bang ba utlwisisa ba sebedisa mongolo o tlwaelehileng le dipolelwana.

5.2A tsebe ho siya dibaka pakeng tsa mabitso.

AS:6O qala ho aha tlotlontse le ho peleta mantswe

6.4O ikahela polokelo ya mabitso

Kgokahanyo

Mahlale A Phedisano

LO:1

AS:3Ba beha ditshwantsho ka tatellano ba bontsha merabe ka ho arohana ha yona.

Tsela Tsa ruta le ho bala

-Morutabana o phetela baithuti pale.

-O ba bontsha bokantle ba buka.

-Baithuti ba noha se tla etsahala paleng

-Baithuti ba bala ka dihlotshwana,morutabana o lokisa diphoso

-Ba bala ka bonngwe

-Ba etsa tatellano ya pale

-Ba araba dipotso

-Bana ba ngola dipolelwana

-Ba bopa ditlhaku.

-Ba peleta mantswe.

-Ba ikahela polokelo ya mantswe

Baithuti ba ikarola dihlopha ba tla ba tshwere mefuta ya dijo.

-Baithuti ba bua ka diaparo dihlotshwaneng tsa merabe e fapaneng le dijo tsa teng le di puo .

-Baithuti ba etsa buka ya tlhaloso ya mantswe.

Hlokomela:Morutabana o eletswe ho tadima moralo e meng ka dihlooho tse ding.

DISEBEDISWA

Papetlwa, Setshwantsho, dipapetlwa , Dibuka, Koranta, Magazines

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DITSHITA KA PHAPOSING

TJHEBO YA TITJHERE

WEEK 7

Dikahare:Diphoofolo Tsa hae.

Sehloho:madinyane,medumo,melemo ya tsona.jj

LO:1Ho mamela

AS:1Re tseba hona ha ngwana a mamela ditaelo le ditsebiso ka hloko a araba hantle.

AS:2Bontsha kutlwisiso le boitshwaro ka ho neha sebui tlhompfo,le sebaka sa ho bua, ho botsa dipotso sebakeng sa tlhakisetso.

AS:3O mamela ka boithabiso dipale tse kgutshwane,dithothokiso le dipina tsa meetlo e fapaneng ho bontsha kutlwisiso

3.5O beha ditshwantsho ka tatellano ya tsona a be a bapise mabitso.

Kgokahanyo Ka Hare

LO:2Ho bua

AS:2O bolela dinthla a (sebedisa)ditlhaloso tse nang le thahasello le diketso

AS:6O hoopla diketsahalo ka tatellano

LO:3Ho bala O Senola

AS:3Ho etsa moelelo wa dingolwa

3.1O bala pale le morutabana

Ba tshohla mooko taba

AS:5Ho hodisa kaho kaho ya mantswa

?Ba aha mantswa a makgutshwane a nang le tumanotshi a le nngwe.

LO:4Ho Ngola

AS:4Moralo le ho ikgopotsa mosebetsi

?O hlahisa maikutlo dihlotshwaneng

AS:5Ngola hore le ba bang ba utlwisise,ba sebedisa

mongolo o tlwaelehileng le dipolelwana

5.5Ba qala ho sebedisa matshwao a puo jk ditlhaku tse kgolo tsa mabitso le matshwao a puo.

Kgokahanyo

Bonono le Botjhaba

LO:3

Mmino

AS:2O bapala morethetho,a o pa,a tlola, ba bile ba bina dipapading ka dihlopha.

Tsela ya ho ruta le ho bala

-Morutabana o balla baithuti pale a sebedisa buka e kgolo kapa e ngotswe papetlweng.

-Baithuti ba dutse ka dihlopha ba bala pale tlasa tataiso ya morutabana ba bile ba bala ka bonngwe.

-A ka sebedisa ditshomo ho natefisa thuto.

-Morutabana le baithuti ba bala mmoho pale.

-Baithuti ba hlahisa maikutlo a bona le mooko taba

-Morutabana o sebedisa ditshwantsho ho matlafatsa thuto

-Baithuti ba beha ditshwantsho ka tatellano,

-Ba bapisa ditshwantsho le mabitso.

-Ba pheta pale

-Ba ntsha maikutlo a bona.

-Ba etsa dithothokiso le di pina tse bontshang morethetho.

-Moithuti o sebetsa le motswalle ba aha mantswa a nang le di tumanotshi.

-Ba peleta mabitso.

-Ba araba dipotso ba bile ba ngola dipolelwana.

Hlokomela:Morutabana o eletswa ho tadima moralo e meng ka dihlooho tse ding.

DISEBEDISWA

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TJHEBO YA TITJHERE

WEEK 8

Dikahare:Lefatshe la rona
Sehloho:Batho ba fapafapaneng,Batho ba tumileng ba Afrika Borwa,Folaga ya teng,jj

LO:1Ho mamela

AS:1Re tseba hona ha ngwana a mamela ditaelo le ditsebiso ka hloko a araba hantle.

AS:3O mamela ka boithabiso dipale tse kgutshwane,dithothokiso le dipina tsa meetlo e fapaneng ho bontsha kutlwisiso

3.2A bapale ntlha tsa bohlokwa paleng,a bine,a etse thothokiso.

Kgokahanyo Ka Hare

LO:2Ho bua

AS:3O bina a bina a thothokise a etsise dipina le dithothokiso

AS:9O sebedisa puo e tshwanelehileng mabapi le diketsahalo tse fapaneng tsa batho.

9.1O fuputsa mothong a moholo a etetsheng phaphosing,

LO:3HO bala o senola

AS:1O sebedisa dithusa-thuto tse bonahalang ho etsa moelelo

3.1?O sebedisa ditshwantsho ho hlalosa se bolelwang ke pale

AS:3Ho etsa moelelo wa dingolwa

3.1O bala pale le morutabana

-O kgetha dintlha tsa bohlokwa(Sehlooho,tatellano ya diketsahalo

LO:4Ho Ngola

AS:2Tsela ya ho ngola

2.2Ba ngola dipolelwana ka se etsahalang setshwantshong.

AS:5A ngola hore le ba bang ba utlwisisa,basebdisa mongolo o tlwaelehileng le dipolelo.

5.5Ba qala ho sebedisa matshwao a puo jk tlhaku e kgolo tsa mabitso le matshwao a puo.

AS:6O qala ho aha tlotlontswe le ho peleta mantsewe.

6.2Peleta mantsewe a tlwaelehileng ka nepo

6.4O ikahela banka ya mantsewe le buka ntswe.

Tsela Tsa ho ruta le ho bala

Ka 27 Mmesa 1994 baahi ba Afrika Borwa kaofela ba ile ba fouta lekgetlo la pele mmusong wa temokrasi.Mopresidente wa pele wan aha e bile ntate Mandela.Re tla hoopla hore Nelson Rholihlahla Mandela o hlahile ka 18 phupu 1918 Qunu,motseng wa maXhosa Afrika Borwa.O ne a lwanela tekano ya ditokelo tsa Ma Afrika Borwa kaofela.O ile a tshwarwa a dula tjhankaneng bakeng sa mosebetsi wa hae.O ile a lokolwa ka selemo sa 1990.

-Morutabana o laela baithuti ho kenya mebala folageng.
-Morutabana o botsa bana dipotso ba ntsa maikutlo a bona.

-Baithuti le morutabana ba balla hodimo mmoho serwatswaneng.

-Baithuti ba bala seratswana ba le bang tlasa tataiso ya morutabana.

-Morutabana le baithuti ba ngola banka ya mantsewe a matjha jk tl,hl,lw,ts,kg,ph,rw, jj

-Baithuti ba ekentsa mantsewe ho bukantswe tsa bona

-Baithuti ba bala mantsewe a banking ya mantsewe.

-Baithuti ba araba seratswana ba ngola dikarabo ka dipolelwana.

-Morutabana o neha baithuti mosebetsi wa dipolelo tse senang matshwao a puo hore ba di lokise,jk afrika borwa ke lefatshe le ratehang.

-Baithuti ba bitsetswa mantsewe ho hlahloba hore na ba kgona ho ngola ka nepo na

-Morutabana le bana ba bina 'Nkosi Sikelela iAfrika'

-Baithuti ba iketsetsa dibukana tsa bona ba sebedisa ditshwantsho ka lefatshe la rona.

Hlokomela:Murutabana o eletswe ho tadima moralo e meng ka dihlooho tse ding.

TSELA TSA HO LEKOLA

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