

<p><u>Week 1</u>  <u>Dikahare</u> : Tshireletso  <u>Sehlooho</u>: Mollo, Metsi, Motlakase, Tjhefo, jwalo-jwalo.  <u>Sepheho 1</u> : Ho mamela  AS 2: A bontsha boitshwaro ka ho hlompha sebui, ho mamela ka hloka ho bua le ho botsa dipotso tsa tlhakisetso, ho akaretsa seo a seutlwileng.  <u>Kgokahanyo kahare</u>  <u>Sepheho 3</u>: Bala o senola  AS 3: A bala a le mong a sebedisa mefuta-futa ya ditsela tse itseng ho bontsha moelelo.  3.1. A bala dingolwa ka bokgeleke hantle le ka kutlwisiso.  <u>Sepheho 4</u> : Mongolo  AS 2: Ho rala kapa a etsa mokgwaritso ka merero e fapaneng.  2.1. Ho kgetha o ngole temana ho ya ka merero e fapaneng jk (dipale tse kgutshwane, mango lo, dipuisano)  AS 5: O aha tlotlontswe, a pelete mantswe ka boyena  5.4 Ho sebedisa tsebo ya medumo melao ya mopeleto ho ngola mantswe a sa tlwaelehang.  <u>Sepheho 5</u> : Nahana o batla mohlodi wa taba  AS 2: Ho sebedisa puo ho batla mohlodi wa taba ka tatellano.  2.2. Ho sebedisa puo ho hlalosa ho tshwana le ho se tshwane, ho manolla le ho bapisa puo.  Sephetho 6: Kaho le tshebediso ya puo.  AS 3: Ho sebetsa ka dipolelo ka:  3.4. Ba sebedisa makgathe lelwale, lefetile le letlang Intergration across  LO 1 :  <u>Mmino</u>  Ba bina dipina ka ho ya ka botjhaba ba bona.</p>	<p><u>Tsela tsa ho ruta le ho bala</u>  -Morutabana o etsetsa baithuti pale e buwang ka ntlo e tjang. Morutabana o maneha ditshwantsho tse bontshang matlo, dikoloi, batho jj di e tjha.  -Baithuti ba hlokomediswa ka dintho tse kotsi lapeng , sekolong le tikolohong.  -Morutabana le baithuti ba qoqa ka tsela tsa ho thibela mollo.  -Baithuti ba ithuta mantswe a matjha ba sebedisa dipapetlwana ( flash cards)  - Morutabana le baithuti ba bua ka bohlokwa ba mollo.  -Baithuti ba bina pina e reng “motse wa tjha”  Motse wa tjha 2x Naha ya tjha 2x  Sheba mane 2x Sheba mane 2x  Mollo, mollo 2x Mollo, mollo 2x  Tshela metsi 2x Tshela metsi 2x  -Morutabana le baithuti ba bala serapa ( shared reading)  -Baithuti ba bala a le mong morutabana a ntse a lokisa diphoso tsa bona. ( guided)  -Ba qala ba araba dipotso ka puo-molomo  -Ba araba dipotso ba ngola dibukeng tsa bona.  -Ba sebedisa mabitso a matjha ho ngola dipolelo.  -Baithuti ba ngola mela e mehlano ka “kotsi ya mollo”  - Hlokomela :Morutubana o eletswe ho iketsetsa moralo wa thuto ka tse ding dihlooho mhl: metsi</p>
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DISEBEDISWA

Buka ya mosebetsi, buka ya padiso, Dipapetlwa, buka ekgolo, Setshwantsho sa matlo.

TSELA TSA HO LEKOLA

<u>Mekgwa</u>	<u>Tsela</u>	<u>Disebediswa</u>
Morutabana	-Puo-molomo	Rubric
	-Mosebetsi o ngolwang	

DITSHITA TSA HO ITHUTA KA PHAPOSING.

- Re tseba sena ha moithuti asa nke karolo.
- A sa mamele nakwana e telele.
- A sa kgone ho bua hanhle.
- A tshaba ho bala
- A sa rate ho ngola

TJHEBO YA TITJHERE

- E be baithuti ba utlwisisa?
- Ba a mamela le ho bua?
- E be ba kgona ho fana ka dikarabo?

<p><u>Week 2</u>  <u>Dikahare</u> : Metsi le hlwekiso  <u>Sehlooho</u> : Mehloodi, mesebetsi, Polokeho</p> <p>LO 1: Ho Mamela  AS 1: Ho mamela ka hloko ( a atolosa bokgoni ba ho. Mamela nako e telele) mme a arabe dipotso ka tatellana ho ya ka moo dibotsitsweng ka teng boemong ba hae.</p> <p>LO 2: Ho bua  AS 1: O hopola diketsahalo tse etsahetsena kgale e be o ntsha maikutlo a hae ka tsona.</p> <p>LO 3: Bala o senola  AS 3: A bala a le mona d sebedisa metuta-futa ya ditsela tse itsrng ho bontsha moelelo.</p> <p>AS 3.1: A bala dingolwa ka bo kgeleke hantle le ka kutlwisiso</p> <p>A bitsa mantswa ka tsela e nepahetseng a bile a qapodisa mme a balla hodimo.</p> <p>LO 4; Mongolo  AS 5.2: Ba iketsetsa pokello ya mantswa le bukantswe ho lekola mopeleto le moelelo wa mantswa</p> <p><u>Mohlale a phedisano</u>  <u>LO 1: Tsa bophelo</u>  Moemo 1: Papiso ya dijo tlhalaso le dimpe mabapi le maphelo a batho.</p>	<p><u>Ditsela tsa ho ruta le ho bala</u>  -O bontsha papetlwa enang le di tshwantsho tsa mehloodi le mesebetsi ya metsi.  -Baithuti ba hlalosa setshwantsho  - Morutabana le baithuti ba bala serapa se buang ka metsi (shared reading)  -Baithuti ba bala le bang, morutabana o mametse tsela eo ba bitsang mantswa ka ona.(guided reading)  -Baithuti ba rutwa ho hore metsi a bolokeha jwang.  -Baithuti ba etsa porojeke ya thlwekiso ya metsi.  -Hape baithuti ba rurtwa ka tshilafatso ya metsi  -Baithuti ba bala serapa, ba nto araba dipotso.  -Ba etsa buka ya pokello ya mantswa  <u>Hlokomela:</u>Murutabana o eletswa ho tadima moralo e meng ka dihlooho tse ding.</p>						
<p><u>DISEBEDISWA</u>  Metsi, ditshelo, lehlabathe, dikgaba, jiki, buka ya mosebetsi, dipapetlwa le dimakasine.</p>							
<p><u>TSELA TSA HO LEKOLA</u></p> <table border="0" style="width: 100%;"> <tr> <td style="width: 33%;"><u>Mekgwa</u></td> <td style="width: 33%;"><u>Tsela</u></td> <td style="width: 33%;"><u>Disebediswa</u></td> </tr> <tr> <td>Murutabana</td> <td>-Puo-molomo -Dipotso - Porojeke</td> <td>-Leqephe la kelohlolo</td> </tr> </table>		<u>Mekgwa</u>	<u>Tsela</u>	<u>Disebediswa</u>	Murutabana	-Puo-molomo -Dipotso - Porojeke	-Leqephe la kelohlolo
<u>Mekgwa</u>	<u>Tsela</u>	<u>Disebediswa</u>					
Murutabana	-Puo-molomo -Dipotso - Porojeke	-Leqephe la kelohlolo					
<p><u>DITSHITA TSA HO ITHUTA HO PHAPOSING</u></p> <ul style="list-style-type: none"> <li>- A tshaba ho bala</li> <li>- A sa mamele nakwana e telele</li> <li>- A sa rate ho ngola</li> </ul>							
<p><u>TJHEBO YA TITJHERE</u></p> <ul style="list-style-type: none"> <li>- E be baithuti bana le bokgoni ba ho mamela le ho bala?</li> <li>- E be ba kgona ho fana ka dikarabo tse nepahetseng?</li> <li>- Ba latela ditaelo.</li> </ul>							

Week 3

Dikahare : Mafu a tshwaetsang

Sehloolo: Lefuba (TB), Cholera, HIV/AIDS jj

Sepheho 1 : Ho mamela

Maemo 1: Ngwana o mamela ka hloko (a atolosa bokgoni ba ho mamela nako etelele) mme a arabe (dipotso) ka tatellano ho ya ka moa di botsitsweng ka teng boemong ba hae.

Sepheho 2: Ho bua

Maemo 1: O hopola diketsahalo tse etsahetseng kgale. E be o ntsha maikutlo a hae ka tsona.

Sepheho 4: Mongolo

AS 4: Ho phatlalatsa seo a se ngotseng.

4.2. Ho arolelana mosebetsi le mokgopi, lelapa le metswatle jk ditlhaku, melaetsa, ditaello le mangola

AS 6: Ho sebediswa puo ka tsela e nepahetseng ho ngola moqoqo ka:

6.1. Ho qala ho hlophisa dipolelo ho etsa seratswana.

6.2. Ho ela hloko matshwao a puo jk kgutlo, tlhaku tse kgolo le tshebediso e nepahetseng ya tlotlontswe.

AS 7: Mongolo o hlakileng

7.1. Ho ikwetlisetsa ho ngola mosebetsi ka potlako a qete ka nako e loketseng

Kgokahanyo Kahare

LO 3: Bala o senola.

AS 1: A sebedisa dithusa thuto tse bonahalang ho fumana moelelo.

1.1. A bala ditshwantsho tse jk ditshwantsho dimmapa, dipapetla le metako

Sepheho Kaho le tshebediso ya puo.

AS 5: Tlhokomediso ya ntshetsopele ya puo.

5.1. Hlalosa mokgwa oo bana ba sebedisang puo ka tsela e sa nepahalang ka teng( mokgwa wa ho pata puo) ka phaposing, ba e sebedisa homang, hobaneng.

Thekenoloji

Design

O hlahisa mekgwa e fapaneng ho rarolla mathata le ho taka

Mahlale a phedisano

LO 1 : Tsa dipale

AS 1:

O fumana tsebo ho dipale (mohlala dingolwa tse. Bobebe, dithusathuto le dintho

Ditsela tsa ho ruta le ho bala

- Morutabana le baithuti ba qoqa ka mefuta ya mafu.

- Baithuti ba bala seratswana bukeng ya padiso se buang ka mefuta ya mafu, ba bala le morutabana (shared)

-Morutabana o sebedisa mefuta ya dipoustara e sa tshwaneng.

-Baithuti ba bua ka mafu a tshwaetsang le ao a sa tshwaetseng, le hore a

-Bakwa ke eng? Re ka a phema ha jwang.

-Mabitso a matjha a mafu ba a bala dipapetlwaneng.

-Ba botswa dipotso ka mafu.

-Baithuti ba qoqa ka batho ba bo bona kapa metswalle e kileng ya kula, ba bile ba bolela hore ba ile ba ikutlwa bale jwang?

-Ba ngola dipolelo ka seo ba se badileng.

- Baithuti ba balla hodimo ka dihlopha (guided)

-Ba phatlalatsa dingolwa tsa bona.

-Ba ngola ka mafu a tshwaetsang le a sa tshwaetseng.

Mafu a tshwaetsang	Mafu a sa tshwaetsang

Hlokomela:Morutabana o eletswe ho tadima moralo e meng ka dihlooho tse ding.

DISEBEDISWA

Buka ya mosebetsi, buka ya moithuti, ditshwantsho, koranta, televishene, makasine, dipapetlwa.

TSELA TSA HO LEKOLA

Mekgwa  
Morutabana

Tsela  
-Puo-molomo

Disebediswa  
-Dikarabo (Memo)

-Dipotso  
- Tekolo

- Rating Scale

DITSHITA TSA HO ITHUTA KA PHAPOSING

- A tshaba ho bala
- A sa mamele nakwana e telele
- A sa rate ho ngola

TJHEBO YA TITJHERE

- E be baithuti bana le bokgoni ba ho mamela le ho bua.
- E be ba kgona ho fana ka dikarabo tse nepahetseng.
- Ba latela ditaelo

Week 4

Dikahare: Diphoofole tsa hae.

Sehlooho:Mefuta ya diphoofole mahae a tsona le mefutaya dijo

Sephetho 1: Ho mamela

AS 1: Ngwana o mamela ka hloko ( a atolosa bokgoni ba ho mamela nako e telele) mme a arabe dipotso ka tellano ho ya ka moo di botsitsweng ka teng boemong ba hae.

Maemo 4: A mamela ha monate ka kutlwisisa a bontsha ho natefelwa ke dipale, dithothokiso, dipina le tse ding dipuisano tsa molomo.

4.8. A taka ditshwantsho ba bile ba di ngola ka mantswe a bona ho bontsha kutlwisiso.

Kgokahanyo Ka Hare

Sephetho 2 : Ho bua

Maemo 2 : o ebedisa puo hoakanya boithabiso, mohlala: Ho etsa metlae, dithothokiso le ho iqapela dipale.

Maemo 4: O sebedisa ditsela tse fapaneng ho pheta pale (tshebediso ya ditho tsa mmele ( gestures)

Sephetho 3 : Bala o senola

Maemo 3 : A bala a le mong a sebedisa mefuta-futa ya di tsela tse itseng ho bontsha moelelo.

A bitsa mantswe ka tsela e nepahetseng a bile a qapodisa mme a balla hodimo.

Sephetho 4: Mongolo

Maemo 5.4 : Ho sebedisa tsebo ya medumo, melao ya mopeleto ho ngola mantswe a sa tlwaelehang.

Sephetho 5: Nahana o batla mohlodi wa taba.

Maemo 4.1.2 O etsa mmapa wa thalohanyo (mind map).

Sephetho 6: Kaho le tshebiso ya puo.

Maemo 1: O nyalanya medumo ho ditlhaku le mantswe ka: 1.1. Ho sebedisa difoniki ho peleta mantswe a thata haholo.

Kgokahanyo

Bonono le botjhaba

Sephetho 3

Mmino

Maemo 2

Ba bina –dipina ka ho ya ka botjhaba ba bona.

Ditsela tsa ho ruta

- Morutabana le baithuti ba qoqa ka setshwantsho se nang le mefuta ya diphoofole tsa hae

-Baithuti ba botswa dipotso mabapi le setshwantsho,

-Re bona eng setshwantshong?

-Kgomo e dula ho kae?

-E ja eng' jj

-Morutabana le baithuti bar ala tafole.

Phoofole lehae madinyane dijo

-Kgomo	Lesaka	Namane	Jwang
-Nku	Lesaka	Konyana	Jwang

- Ba etsa thothokiso le pina e buang ka diphoofole tsa hae

Thothokiso : Hokinyana

Hokinyana ya batho

E nngwe too ka hokwaneng ke diphoofofswana- Pina ke lesakeng, kgomo ya re, ke namane. Ya ka, Nku ya re , ke dikonyana tsa ka.

-Pele ba bina Morutabana le baithuti ba bala ba balla hodimo ba qapodisa mantswe.

-Ba etsa mmapa wa thalohanyo

Diphoofole Tsa hae
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-Morutabana le Baithuti ba bala pale ba sebedisa buka e kgolo ( shared reding)

-Baithuti ba ngola ba arabe dipotso dibukeng tsa bona tsa mosebetsi

-Baithuti ba etsa banka ya mantswe le morutabana

-Baithuti ba taka diphoofole ba be ba ngole dipolelo ka tsona.

-Baithuti ba ngola bongata ba diphoofole

Kgomo-dikgomo

Podi- dipodi

Fariki- difariki

Hlokomela:Morutabana o eletswa ho tadima moralo e meng ka dihlooho tse ding.

DISEBEDISWA

Papetlwa, buka ya mosebetsi

TSELA TSA HO LEKOLA

Mekgwa

Morutabana

Dihlopha/motswalle

Tsela

Puo molomo

Dipotso/ ditshwantshiso

Disebediswa

Leqephe la

kelohloko

DITSHITA TSA HO ITHUTA

- A sa bue ka bolokolohi
- A sa rate ho ngola
- A tshaba ho bala
- A sa kgone ho bua hantle.

TJHEBO YA TITJHERE

-E be ban a le bokgoni ba ho mamella le ho bua.

-E be ba kgona hofana ka dikarabo tse nepahetseng.

## Week 5 & 6

Dikahare : Lefatshe la rona

Sehlooho : Matswao a naha, mmapa wa

Afrika, Borwa (diprofensi), Dipuo tseo re di buang, matsatsi a o keteka Afrika Borwa jj

Sepheho 1 : Ho mamela

AS 4: A mamela hamonate ka kutlwisiso a bontsha ho natefelwa ke dipale, dithothokiso, dipina le tse ding dipuisano tsa molomo.

Maemo 3: A dumela, a eellwa a bile a bontsha tlhomphe dipuong tse fapaneng.

Sepheho 2: Ho bua

AS 5: O nka karolo puisanong ya dihlopha.

5.3. Ho hlahisa o bile o hlakisa dintlha.

Sepheho 3: Bala o Senola

AS 1, 1.1

AS 3: A bala a le mong a sebedisa mefuta futa ya ditsela tse itseng ho bontsha moelelo.

3.1. A bala dingolwa ka bokgeleke hantle le ka kutlwisiso.

Kgokahanyo kahare

Sepheho 4 : Mongolo

AS 5: O aha tlolontswe a pelete mantswe ka boyena

5.2: Ho leka ho sebedisa mantswe a a fumanang dipaleng dikoranteng, metlaeng, paleng tse phetwang ka molomo meqoqong ya metswalle le ho tse ding.

Sepheho 5 : Nahana o batla mohlodi wa taba

AS 4: O ntshetsa pele tlhahiso leseding ka

4.2. O etsa mmapa wa tlhalohanyo (mind map)

Kgokahanyo

Sepheho 2

Maemo 2: O hlalosa matshwao a folaga ya Aforika Borwa a bolela eng?

Mahlale a tlhaho (NS)

LO 1-AS 1: 1.1.

-O beha thepa eo dihlopha di ikemiseditseng ho e sebedisa

- Thonya hore ke mang a tla sebedisa thepa hong le sepheo sa yona

Bonono le botlhaba

Visual Art

AS 2: Ba arolelana ba be ba behe mosebetsi

Mahlale a Phedisano (His)

LO 1:

AS 1: O fumana tsebo ho tsa dipale. (mohli dingolwa tse bobebe, dithusa thuto le dintho)

AS 2: O araba dipotso ka tse fetileng

## Sehlopha sa boraro

Ditsela tsa ho ruta le ho bala

-Morutabana le baithuti ba bala serapa.

-Afrika Borwa lefatshe la rona e fumane tokoloho ka selemo sa 1994.

-Motho kaofela o ile aya dikgethong kgetlo la pele.

-Lefatshe la rona la ba le fologa enang le mebala etsheletseng.

-Mebala ena ke tshela, ntsho, tshweu, kgubedu, tala, bolou.

-Mebala ena ebontsha kapano ya merabe.

-Merabe ena e bua dipuo tse fapaneng. Isixhosa, Sekgowa, Sebuo, IsiZulu, Isitshangane and Sign Language.

-Merabe ena e dula di profinsing tse robong tsa Afrika Borwa.

-Pina ya setjhaba e monate e binwa ke motho kaofela.

-Afrika Borwa ena le matshwao a arohaneng palesa ya setjhaba ( seqalaba) , folaga, letsa le leholodi, (crane).

-Ke rata lefatshe la rona Afrika Borwa.

--Morutabana o botsa bana dipotso ba ntsa maikutlo a bona.

-Baithuti le morutabana ba balla hodimo mmoho serwatswaneng.

-Baithuti ba bala seratswana ba le bang tlasa tataiso ya morutabana.

-Morutabana le baithuti ba ngola banka ya mantswe a matjha tsh,kg,th,tshw,ntsh,tjh jj

-Baithuti ba ekentsa mantswe ho bukantswe tsa bona

-Baithuti ba bala mantswe a banking ya mantswe.

-Baithuti ba araba seratswana ba ngola dikarabo ka dipolelwana.

-Morutabana o neha baithuti mosebetsi wa dipolelo tse senang matshwao a puo hore ba di lokise, jk afrika borwa ke lefatshe le ratehang.

-Baithuti ba bitsetswa mantswe ho hlahloba hore na ba kgona ho ngola ka nepo na

-Morutabana le bana ba bina 'Nkosi Sikelela iAfrika'

-Baithuti ba iketsetsa dibukana tsa bona ba sebedisa ditshwantsho ka lefatshe la rona.

-Baithuti ba bala mabitso ba be ba a ngola, dipapetlwane tse ngotsweno mahlalosi (adj) le mabitso a matshwao.

Mohl (madi a makgubedi tlere)

Hlokomela: Morutabana o eletswa ho tadima moralo e meng ka dihlooho tse ding.

DISEBEDISWA

Papetlwa, buka ya mesebetsi, dipapetlwana

TSELA TSA HO LEKOLA

Mekgwa  
Morutabana  
Dihlopha

Tsela  
Puo molomo  
Dipotsa/ ditshwantshiso

Disebediswa  
Leqephe la  
kelohloko

DITSHITA TSA HO ITHUTA

- A sa bue ka bolokohi
- A tshaba ho bala
- A sa rate ho ngola.
- A sa kgone ho bua hantle

TJHEBO YA TITJHERE

- E be ba na kokgoni ba ho mamela le ho bua.
- E be ba kgona ho fana ka dikarabo tse nepahetseng.



<p><u>Week 7</u>  <u>Dikahare</u>: Diaha mmele  <u>Sehlooho</u> : Mefuta yadijo  <u>Sepheho 1</u>: Ho mamela  Maemo 1:  Ngwana o mamela ka hloko ( a atolo sa bokgoni ba ho mamela nako etelele) mme a arabe ( dipotso) ka tatellano ho ya ka moo di botsitsweng ka teng boemong ba hae.  <u>Kgokahanyo Ka hare</u>  <u>Sepheho 2</u> : Ho bua  Maemo 1: A hopola diketsahalo tse etsaheteng kgale e be o ntsha maikutlo a hae ka tsona.  <u>Sepheho 3</u>: Bala o senola  Maemo 4: A ntlafatsa tsebo ya difoniki  4.2. O hlokomela hore lentse le le leng le ka ba le meelelo e mmedi e sa tshwang jwalo ka “noka, noka”  <u>Sepheho 4</u>: Mongolo  <u>Maemo 6</u> : Ho sebedisa puo ka tsela e nepahetseng ho ngola meqoqo ka  6.2: Ho ela hloko matshwao a puo jk tihaku tse kgolo, kgutlo jj le tshebediso e nepahetseng ya tlotlontse.  6.3. Ho sebedisa thuto puo.  <u>Kgokahanyo</u>  <u>Sepheho 1</u>: Bophelo bo botle  <u>Maemo 1</u>: Papiso ya dijo tse tshwanetseng mmele le dijo tse sa tshwanelang ho jewa</p>	<p><u>Tsela tsa ho ruta le ho bala</u>  - Baithuti ba lepa hore bokantle ba buka bo bua ka eng  - Morutabana le baithuti ba bala ka pale e buang ka mefuta ya dijo ( shared)  - Baithuti ba bala pale ba dutse ka dihlopha tlasa tataiso ya morutabana ( guided reading)  -Morutabana o ngola mabitso a dijo tseo baithuti ba di bitsang.  -Moithuti o bala pale le motswalle. (independent).  -Morutabana o bala mantse le baithuti  -Baithuti ba mamela dintlha  -Ba qolle baphetwa  -Baithuti ba dula ka dihlopha ho ya ka dijo tseo ba di ratang.  -Ho etswa kerafo e bontshang dijo ( meroho, ditholwana)  -Baithuti ba ngola mesebetsi o tlohang paleng ba e badileng.  -Baithuti ba taka mefuta ya dijo ba ngole mabitso.  -Baithuti ba etsa thothokiso jk apole  -Baithuti ba sebedisa matshwao a puo ho ngola seratswana  <u>Hlokomela</u>:Morutabana o eletswe ho tadima moralo e meng ka dihlooho tse ding.  .</p>
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DISEBEDISWA

Buka e kgolo, boka, sekere, makasine, setshwantsho.

TSELA TSA HO LEKOLA

<u>Mekgwa</u>	<u>Tsela</u>	<u>Disebediswa</u>
Baithuti ka dihlopha	Dipuisano	Leqephe la kelohlolo
Morutabana	Puo – molomo	Rubric

DITSHAITA KA PHAPOSING

- A tshaba ho bala
- A sa rate ho ngola.
- A sa kgone ho ngola hantle

TJHEBO YA TITJHERE

- E be baithuti bay a utlwisisa
- E be bana le bokgoni ba ho mamela le ho bua.

Week 8

Dikahare : Kgwedi ya botjhaba

Sehlooho : Diaparo, dipuo, dijo, mosebetsi wa matshoho, dithothokiso le dipina

Sepheho sa thuto 2: Ho bua

Maemo a tekolo 3: O qapa dipale a be a di phete, a bontsha qalo, bo hare le phetho a sa lebala dintlha tsa bohlokwa ntle le pheta pheto.

Sepheho 1: Ho mamela.

Maemo 4: A mamela hamonate ka kutlwisiso a bontsha ho natefelwa ke dipale, dithothokiso, dipina le tse ding dipuisano tsa molomo.

Sepheho 3: Bala o senola

Maemo 3: A bala a le mong a sebedisa mefuta-futa ya ditsela tse itseng ho bontsha moelelo.

3.1. A bala dingolwa ka bokgeleke hantle le ka kutlwisiso

-A balla hodimo ho bontsha bokgoni ba hae le phapang ya medumo

Sepheho 3: Mongolo.

Maemo 2: Ho rala kapa a etsa mokgwaritso ka merero e fapaneng

2.3: Ho ngola sehloho se bontshang mooko-tabana ha ho kgonela.

5.2. Ba iketsentswe pokello ya mantse le bukantswe.

Kgokahanyo

Bonono le Botjhaba

Sepheho Motjeko

Maemo 1: Ho lokisetsa mmele ho bapala ho tshwanela ho ema le ho dula ka tsela e tshwanelehileng.

Mmino : Ba bina dipina ka ho ya ka botjhaba ba bona.

Tse bonwang : Ba etsa mesebetsi ya matsoho ka ho ya ka merabe e be bay a bontsha.

Sehlopha sa boraro

Ditsela tsa ho ruta le ho bala

- Morutabana o sebedisa papetlwa e bontshang mefuta ya dijo tsa merabe e fapaneng.

- Morutabana o qoqa le bana ho hore di hlaha kae, batho ba dijang le hore di etswa jwang.

- Morutabana o bina pina ka letsatsi la Botjhaba – 24 lusetse.

-Morutabana o hlalose tsa bana ka letsatsi la Botjhaba.

-Baithuti ba botswa ho hore na dijo dihlaha hokae?

-Morutabana o bontsha baithuti mabitso a dipapetlwaneng, ba a bale , ba pelete ka nepo.

-Baithuti ba bapisa mantse le ditshwantsho.

-Morutabana o hlophisa letsatsi la botjhaba sekolong.

-Baithuti ba fana ka mehlala ya dijo dibaka le batho, ba be ba bapise dijo le batho ba dijang.

-Baithuti bar ala tafole ya mefute ya dijo le batho ba dijang. dibaka.

dijo	sebaka	Batho
potele	Afrika Borwa	Basotho

Hlokomela:Morutabana o eletswa ho tadima moralo e meng ka dihlooho tse ding.

DISEBEDISWA:

Difaha, thethana, dijo ka mefuta ya tsona, dipapetlwa, moseha, letsopa, dimakasine

TSELA TSA HO LEKOLA

Mekgwa

Morutabana

Tsela

Puo molomo

Tsela tshebetso (Practical)

Disebediswa

Leqephe la

kehloko

(Observation Sheet)

DITSHITA TSA HO ITHUTA KA PHAPOSING

- Moithuti a sa nke karolo – moithuti a sa mamele nakwana etelele
- Moithuti a sa kgone ho bua hantle
- A tshaba ho bala
- A sa rate ho ngola

TJHEBO YA MORUTABANA

- E be baithuti ba elewa hore dijo di a arohana ka hoya ka dibaka?
- Batsebile ho ngola mabitso a dijo ka nepo na?
- Ebe moithuti ka mong otsebile hotla le mofuta wa dijo tlhodisang?

- Ebe ba kgone ho hlalosa tsela eo ba dietseng ka yona?