

PROVINCE OF THE EASTERN CAPE EDUCATION

DIRECTORATE: CURRICULUM FET PROGRAMMES LESSON PLANS TERM 4 CONSUMER STUDIES GRADE 11

CONSUMER STUDIES GRADE 11

FOREWORD

The following Grade 10, 11 and 12 Lesson Plans were developed by Subject Advisors during May 2009. Teachers are requested to look at them, modify them where necessary to suit their contexts and resources. It must be remembered that Lesson Plans are working documents, and any comments to improve the lesson plans in this document will be appreciated. Teachers are urged to use this document with the following departmental policy documents: Subject Statement; LPG 2008; SAG 2008; Examination Guidelines 2009 and Provincial CASS Policy / Guidelines.

Lesson planning is the duty of each and every individual teacher but it helps when teachers sometimes plan together as a group. This interaction not only helps teachers to understand how to apply the Learning Outcomes (LOs) and Assessment Standards (ASs) but also builds up the confidence of the teachers in handling the content using new teaching strategies.

It must please be noted that in order to help teachers who teach across grades and subjects, an attempt has been made to standardise lesson plan templates and thus the new template might not resemble the templates used in each subject during the NCS training. However, all the essential elements of a lesson plan have been retained. This change has been made to assist teachers and lighten their administrative load.

Please note that these lesson plans are to be used only as a guide to complete the requirements of the Curriculum Statements and the work schedules and teachers are encouraged to develop their own learner activities to supplement and /or substitute some of the activities given here (depending on the school environment, number and type of learners in your class, the resources available to your learners, etc).

Do not forget to build in the tasks for the Programme of Assessment into your Lesson Plans.

Strengthen your efforts by supporting each other in clusters and share ideas. Good Luck with your endeavours to improve Teaching, Learning and Assessment.

CONTENT:

CONSUMER CHOICES OF TEXTILES FOR FUNCTIONAL CONSIDERATIONS OF FURNISHINGS

- Properties of the fibres
 - Natural (vegetable)
 - Natural (animal)
 - Regenerated
 - o Synthetic
 - Blends
 - o Leather
 - o Plastic
- Yarn and fabric construction suitable for furnishing textiles
 - Weave types
 - Warp knit
 - Tufting
 - Needle punching
- Properties of fabric finishes for household textiles
 - o Flame retardant
 - o Crease and wrinkle resistance
 - Static control
 - o Shrink resistance
 - \circ Stain and water resistance
- Labelling, including care and maintenance

 Characteristics important for Abrasion resistance, pillin Draping quality Absorbency Reaction to cleaning chere Reaction to heat during n Reaction to water and so Colour fastness Reaction to stains Strength during use and n 	nicals naintenance vents maintenance		
LEARNING OUTCOME 1: Management of the Consumer Role The learner is able to demonstrate knowledge of responsible consumer practices and to effectively address consumer issues.	LEARNING OUTCOME 2: Knowledgeable Consumer Choices The learner is able to make knowledgeable consumer choices about food, clothing, housing and furnishings within a given socio- economic and cultural context.	LEARNING OUTCOME 3: Responsible Use of Resources The learner is able to demonstrate consumer responsibility towards the sustainability of the environment, the community and self through the judicious use of resources.	
11.1.1 Explain consumer protection policies and practices.	11.2.1 Compare a young adult's daily food intake with the nutritional requirements using food composition tables, and recommend necessary improvements.	11.3.1 Apply the criteria of safety, quality and pricing to evaluate food outlets in the local community.	11.4.1 Apply the theoretical knowledge and demonstrate the necessary skills to produce quality products by using advanced methods and techniques.
11.1.2 Explain the household budget as an instrument for managing financial resources.	11.2.2 Explain the nutrient needs of consumers from different age groups and with different energy requirements.	11.3.2 Explain the effect of pathogenic organisms on food spoilage and safety.	11.4.2 Adapt recipes or patterns to make them suitable for small-scale production.

	11.2.3 Select clothing to meet aesthetic needs.11.2.4 Compare the effect of clothes on figure shapes, using the elements and principles of design.	 11.3.3 Apply the criteria of variety, quality and pricing to evaluate clothing outlets in the local community. 11.3.4 Apply the criteria of variety, quality and pricing to evaluate soft furnishing, furniture and household equipment outlets in the local community. 	11.4.3 Calculate the cost of products in terms of human and other resources used.	
	11.2.5 Analyse and explain the functionality and safety of existing floor and furniture plans, and apply the elements and principles of design to the choice of furnishings for living and work spaces.11.2.6 Describe the	 community.		
	functional considerations in the choice of textiles for furnishings.			
TEACHER ACTIVITIES	LEARNER ACTIVITIES	RESOURCES	ASSESSMENT	DATE COMPLETED
 Revisit and revise through prior prepared questions on clothing choice considerations (relating to fibre characteristics or properties), learnt at grade 10 	Give the answers as expected; Write the given notes	Textbooks Prepared notes	Classwork Discussion	
 LO 2.4; Gives notes as necessary; Asks learners to collect and create a poster / booklet / 	Create the poster/ booklet / album	Fabric scraps	Peer assessment	

album of the different samples of textiles relating to furnishings – (explains the various categories thereof), also say what each kind of fabric would be suited for and why			Rubric / Checklist	
 Shows by means of real fibres the yarn and fabric construction process also explaining and making reference to samples, slides if available may be shown; Gives learners own materials to work on to emulate techniques shown; Uses the different textiles makes simple tests to explain and illustrate the effect of fabric finishes on them; Writes notes to summarise; Gives the following task - Investigate about the various furnishing textiles used for carpets, window treatments, upholstery, furnishing then tabulate your findings under the following aspects: Abrasion resistance, draping, absorbency, reaction to cleaning chemicals, reaction to heat, reaction to water, colour fastness, reaction to stains, strength during use. (learners grouped such that 	Listen and imitate what has been shown Observe and also do the tests, note changes and make deductions as necessary Write the notes	Different fibres Different yarns Different fabrics (furnishing) Apparatus for the simple tests Slides	Simple tests Discussions	
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	each learner works on two of the given aspects)			
	Refer to your findings and prepare a written report (to present in class) giving suggestions on considerations for choosing furnishing fabrics. Highlights and consolidates the main considerations	Sampled individuals present on findings, others with similar tasks assess Note the given suggestions.	Literature on furnishings Magazine	Oral presentation Peer assessment Teacher assessment Marking guide
Enrichn	nent/Expanded Opportunities	: Encourage learners to visit local retail	outlets that market different furnishings.	Invite an upholsterer to give a talk.
Teache	r Reflections:			
	SIGNATURES			
	TEACHER	DATE	HOD / SMT	DATE

SUBJECT:	CONSUMER STUDIES	GRADE: 11	LESSON PLAN 2

TERM 4 TIME: 12 Hours

CONTENT:

DAIRY PRODUCTS AND EGGS

- Purchases
- Uses
- Storage (including preparation and cooking)

LEARNING OUTCOME 1: Management of the Consumer Role The learner is able to demonstrate knowledge of responsible consumer practices and to effectively address consumer issues.	ent of the Consumer Role er is able to demonstrate e of responsible consumer and to effectively address issues.Knowledgeable Consumer Choices The learner is able to make knowledgeable consumer choices about food, clothing, housing and furnishings within a given socio- economic and cultural context.		LEARNING OUTCOME 3: Responsible Use of Resources The learner is able to demonstrate consumer responsibility towards the sustainability of the environment, the community and self through the judicious use of resources.		LEARNING OUTCOME 4: Production and Marketing of Food, clothing and Soft Furnishing Products The learner is able to apply knowledge and demonstrate the skills necessary to produce quality consumer products and to apply entrepreneurial knowledge and skills to market these products.	
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11.2.5 Analyse and explain the functionality and safety of existing floor and furniture plans, and apply the elements and principles of design to the choice of furnishings for living and work spaces		
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TEACHER ACTIVITIES	LEARNER ACTIVITIES	RESOURCES	ASSESSMENT	DATE COMPLETED
1. Explains the functions of eggs as used in various dishes;	Listen and take down notes	Textbook		
- tells the quality criteria that serve as guidelines;				
-gives notes				

2. Asks learners the uses of milk in food production;	Answer		
	Listen and take notes		
- describes the different processes;			
-explains guidelines when using			
cheese and milk in food production.			
3. Explains about the storage of eggs and milk, then gives notes.	Listen and take notes		
4. Divides learners in pairs to carry out an experiment on the effect of	Listen and perform the experiment	Textbook	Experiment
heat on cheese regarding appearance, texture and taste;		Equipped kitchen	
explains the procedure.		Recipe book	
-prepares the control recipe;			
-provides learners with a result chart and control recipe to assist in the comparison	Evaluate the results against the control recipe		
5.Asks learners about small-scale	Brainstorm answers		
production;			
-consolidates;	Listen and take notes		
-instructs learners to choose recipes			
from different sources	Choose recipes	Recipe book and food magazines	
-Chooses one of the recipes and writes on the chalkboard to illustrate a	Participate in the activity by standardizing their own		
standardized recipe form. Instructs learners to choose their own	standardizing their own		Peer and teacher assessment
-Summarize the learners results on standardization	Listen and take notes		
-Chooses recipes for preparing dairy products and eggs suitable for selling	Learners start with the practical		Practical work e.g. milk tart, savoury tart and

at a profit. Allocate recipes to learners	preparation		quiche	
6. Explains to learners the importance of costing food. Issues a recipe that will be used by all learners to practice costing	Participate in the activity	Recipe and calculator	Costing of recipes	
Homework: Work out individual examp	les of costing			
Enrichment/Expanded Opportunities	: Calculate cost when recipe is made mo	ore than once.		
Teacher Reflections:	·			

SIGNATURES:___

TEACHER

DATE

HOD / SMT

DATE

SUBJECT: CONSUMER STUDIES	GRADE: 11 LESSON PLAN 3	TER	/I 4 TIME: 1	2 Hours		
CONTENT:						
CALCULATE THE COST AND SELLI	NG PRICE OF MEALS					
 Use the cost of ingredients Estimate production costs when other costs are added Decide on a selling price 						
BASELINE ASSESSMENT: Brainstorr	n on factors determining the price of a	a product.				
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TEACHER ACTIVITIES	LEARNER ACTIVITIES	RESOURCES	ASSESSMENT	DATE COMPLETED
1 .Uses a recipe, the costing form and till slips to show learners the step-by-	Observe and work through the costing form with the teacher;	Recipe (large format)		
step process of costing a product;	Observe	Dish – costing forms		
 Shows with the help of the conversion table how conversion is done e.g. from ml to g (measurements); 		Conversion table		

	Tells learners to work in pairs and cost own recipe product	Cost the product from own recipes	Learner recipes		
	and cost own recipe product		Receipts, invoices and / slips		
2. Expl	ains what hidden costs are and	Note the explanation			
\triangleright	Asks learners to brainstorm	List the hidden costs			
	on the types of hidden costs				
~	incurred during production;				
	Summarizes and explains these costs.				
	litese cosis.	Write the notes			
3 Intro	duces to the learners the	Listen to explanation, note the	Workbooks		
	a for deciding on a selling price;	formula	WURDOOKS		
Torritaic	a for deciding of a sening price,		Textbooks		
\succ	Works out an example with	Copy given example.	TEXIDOOKS		
-	the learners indicating how				
	the selling price is				
	determined;				
\succ	Refers learners to textbooks				
	for own reading.				
	vork: Work out individual examp				
Enrich	ment/Expanded Opportunities	: Calculate cost when recipe is made m	ore than once.		
T I.					
Teache	er Reflections:				
	SIGNATURES:				
	TEACHER	DATE	HOD / SMT	DAT	
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TERM 4 TIME: 12 Hours

CONTENT:

POULTRY, FISH AND MEAT

- Purchases ٠
- Uses •
- Storage
- Preparation of fish, meat and poultry dishesCalculate cost and selling price

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TEACHER ACTIVITIES	LEARNER ACTIVITIES	RESOURCES	ASSESSMENT	DATE COMPLETED
			Baseline : Asks learners questions on cooking meat and poultry	
1.Explains to learners how meat and poultry are chosen according to the meat grading chart – emphasis made on colour	Listen and take down notes	Textbook Meat grading chart		
2.Asks learners brainstorm on methods normally used to cook meat	Answer			

and poultry	Listen and take notes		
 3.Explains to learners about the storage of meat and poultry 4.Introduces the learners to the 	Listen and take notes	Meat chart	Identification test
advanced roasting and grilling techniques		Meat chan	Identification test
Shows learners a chart with different meat cuts, and asks them to identify suitable cooking methods for each cut	Participate in the identification		
5 .Explains to learners what to consider when buying and storing fish;	Listen and take notes		
 Explains suitable methods for cooking each type of fish and shows this in tabular form; Divides learners into four groups and instructs each group as follows- 	Perform the experiment and note the changes		Experiment
*cook the given piece of hake;			
* use the specified cooking method;			
*note the effect of heat (i.e.changes in appearance, size and texture)			
Asks learners to present findings, adds more information as necessary	Present findings and take notes		
6. Explains and shows the adaptation of a recipe using the Recipe Conversion Factor	Listen and note the adaptation process	Recipe book Textbook	Class test

	Conversion table					
Homework:						
Enrichment/Expanded Opportunities: Consult books on Meat and Fish cookery						
Teacher Reflections:						

SIGNATURES:

TEACHER

DATE

HOD / SMT

DATE

TERM 4 TIME: 12 Hours

CONTENT:

CRITERIA FOR EVALUATING CLOTHING OUTLETS IN THE LOCAL COMMUNITY

- Different types of clothing outlets in SA context
- Criteria for buying clothing
- Evaluate clothing outlets in the local community

BASELINE ASSESSMENT: The teacher asks learners to list all the clothing outlets available in their local community

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		evaluate clothing outlets in the local community.	resources used.	
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TEACHER ACTIVITIES	LEARNER ACTIVITIES	RESOURCES	ASSESSMENT	DATE COMPLETED
1.Distributes various catalogues for clothing outlets and asks learners to give other outlets (e.g. chain stores, boutiques, mail-order houses etc.) commonly available in South Africa and what they offer;	Participate in the activity	Catalogues (clothing outlets)		
Classifies these outlets using local ones as examples.	Write the summary			

2. Gives a case study focusing on the	Do the case study	Textbook	Case study
factors consumers consider when			
deciding where to shop for clothing.			Group and teacher
			assessment
Consolidates, making reference to the			
responses of case study and			
emphasizing the criteria			
3. Compiles and gives learners a	Conduct the questionnaire and		Survey
questionnaire to be conducted among	prepare brochure		
consumers (minimum 3) of clothing			Teacher
outlets, to determine their			
considerations for buying clothes.			Rubric
Asks them to present findings in the			
form of a brochure and also give (own) advice to potential users of			
these clothing outlets.			
Homework:			
Enrichment/Expanded Opportunities	: Invite a fashion advisor to present a tal	k on how to choose clothes wisely.	
	·	·	
Teacher Reflections:			
SIGNATURES:			
TEACHER	DATE	HOD / SMT	DATE
IEAUTER	DATE		DATE

TERM 4 TIME: 12 Hours

CONTENT:

ANALYSE LIGHTING AND STORAGE PLANS IN WORK, REST AND SOCIAL AREAS IN A HOME

- Good lighting plan
- Good storage plan

BASELINE ASSESSMENT: Revision on aspects of functional and safe floor and furniture plans

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TEACHER ACTIVITIES	LEARNER ACTIVITIES	RESOURCES	ASSESSMENT	DATE COMPLETED
1. Explains the meaning of the concept "good lighting plan" and relates it to its contribution to a functional and safe home.	Listen and note the relationship indicated.			
 Asks learners to tell the types of lighting used at home and the specific purposes 	Answer to questions.			

they serve.			
Shows pictures (in textbooks) indicating correct light positioning according to the various purposes, asks learners to analyse the pictures and explain where necessary.	Observe pictures and analyse as requested.	Textbook Chalkboard	
2. Gives to learner groups a picture with lots of cluttered items all over, then asks learners to –		Picture cut-outs Workbooks	
*Identify areas with a lot of mess;	Follow instructions, do the activity		
*Suggest a specific solution of what can be done to create space thus improve the view;			
*Motivate choice of particular solution;			
*Illustrate by means of symbols the changes made;			
*Tabulate under the following headings – what needs to change, solution, motivation for change, illustrations.			
 Goes through the exercise with the learners and discusses how the situation can be improved. 	Exchange the work and assess		

Writes a summary of essential requirements for good lighting and storage plans, respectively.	Write the summary.			
	·		,	
Homework: Look through the rooms improved and why, indicate the origin	at your home and make suggestio al scenario first.	ns (in a particular area) where necessar	y of how the lighting and/or storage pl	ans could be
Homework: Look through the rooms improved and why, indicate the origin Enrichment/Expanded Opportunitie	al scenario first.	ns (in a particular area) where necessary	y of how the lighting and/or storage pl	ans could be
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