## LIFE SKILLS: GRADE 1 WORK SCHEDULE TERM: 2

LO 'S AND ASSESSMENT STANDARDS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	ASSESSMENT STRATEGY
LO 1 HEALTH PRO	OMOTION										
AS 1:Identifies nutritious sources from range of foods and drinks	Healthy and unhealthy food  Integration Within :LO 3 AS 3 Across HL LO1 AS1 LO2 AS1 LO3 AS1.2 A&C LO 1AS Music EMS LO1 AS4 Maths LO 1 AS 1 LO 5 AS 2 RESOURC ES Magazines Posters charts crayons Glue Pencils									FAT: LO1 AS1 LO2 AS1 LO3 AS 1.2 LO4 AS1	FORMS Oral presentation Practical Demonstrations Written  METHODS Peer Group Teacher Self  TOOLS Checklist Observation sheet Rubric

LO 'S AND ASSESSMENT STANDARDS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	ASSESSMENT STRATEGY
AS 2:personal hygiene and steps to link to Environmental Health			Link habits using dustbins and cleanliness Integration Within LO3 AS 2 Across HL LO2 AS 1.9 SS (Geo) LO3 AS 1&2 A/C LO1 AS 7 Resources Water Soap Washing basin Hand towel crayons Pencils glue Magazines A4 papers								FORMS Oral Presentation Practical Demonstration Written  METHODS Peer Group Teacher Self  TOOLS Checklist Observation sheet Rubric

LO 'S AND ASSESSMENT STANDARDS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	ASSESSMENT STRATEGY
AS3:Communicab le diseases: Safety and precautions			Basic safety habits Integration Within LO3 AS 2  Across HL LO2: ASS 1,9 SS (Geo) LO3: ASS 1&2 Resources Crayons Pencils Scissors Glue A 4 papers Magazines								FORMS Oral/practical Written  METHODS Peer Group Teacher Self  TOOLS Checklist Observation sheet Rubric

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LO 2 SOCIAL D	EVELOPMEN	Т									
AS 1Classroom rules and school rules and importance				Mentioning 3 school rule. Obey /disobey (affect)  Integration Within LO4 AS 1,2,3&4 Across HL LO1 AS 1 LO2 AS 8 LO3 AS 1.2 A/C LO1 AS (Music) Resources Pencils Crayons Scissors Balls Skipping ropes							FORMS Oral Practical Demonstration s Written  METHODS Peer Group Teacher Self  TOOLS Checklist Observation sheet

LO 'S AND ASSESSMENT STANDARDS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	ASSESSMEN T STRATEGY
AS3: Relationships family, extended family, school and broader community							List family like cousins and explain relationships with them Integration Within LO3 AS 3 Across HL LO1 AS 1 LO2 AS8 Maths LO1 AS1 LO5 AS 1-4 A/C LO1 AS 4 SS (HIST) LO2 AS 2 LO3 AS 3 Resources Poster Family tree Crayons Paper Flash cards with words Magazine				FORMS Oral/practical Written  METHODS Peer Group Teacher Self  TOOLS Checklist Observation sheet Rubric

LO 'S AND ASSESSMENT STANDARDS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	ASSESSMENT STRATEGY
AS 5 Matches symbols associated with a range of religions in S.A		Identify holidays celebrated by different religions and cultures Integration Within LO 1 AS 1 Across HL LO1 AS1 LO2 AS 8 LO3 AS 1.2 SS Hist LO3 AS3 Resources Pencils Crayons Scissors Glue A4 Papers Different clothing Puppet of Father									FORMS Oral/practical Written  METHODS Peer Group Teacher Self  TOOLS Checklist Observation sheet Rubric

Xmas				
Wrapped present				
Decoration s				

LO 'S AND ASSESSMENT STANDARDS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	ASSESSMEN T STRATEGY
LO 3 PERSONA	L DEVELOP	MENT	•		·	·	·				
AS 1:State personal details							Says where he/she lives street house number) describe where they live (landman)  Integration Within LO3 AS 3 Across HL LO 1 AS 1 LO2 AS8 Maths LO1 AS1 LO5 AS 1-4 A/C LO1 A 4 SS (HIST) LO2 AS 2 LO3 AS 3 Resources Poster Family tree Crayons Paper Flash cards with words Magazine	s(lee lank)			FORMS Oral/practic al Written  METHODS Peer Group Teacher Self  TOOLS  Checklist Observatio n sheet Rubric

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	ASSESSME
ASSESSMENT											NT
STANDARDS											STRATEGY
AS 2: Describe						Say what					FORMS
own body in a						different					Oral/practical
positive way						parts can					Written
						do					
						Integration					METHODS
						LO4 AS					Peer
						1,2,3 &4					Group
						Across					Teacher
						A/C LO1					Self
						AS 1					
						SS (GEO)					TOOLS
						LO3 AS 1					
						Resources					Checklist
						Balls (big &					Observation
						small)					sheet
											Rubric
						Different					
						sizes of tins					
						Pictures of					
						parts of the					
						body					
						body					
						Learners					
						workbooks					

LO 'S AND ASSESSMENT STANDARDS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	ASSESSMEN T STRATEGY
AS 3:Shows and identifies different emotions and respect for living things								Describes features related to each emotions Integration LO4 AS 1 Across A/C AS 1  Resources Pictures with different animals Pencils scissors Flash cards with animals Balls			

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AS 4: Copes with anger and disagreement in a non destructive way									Identifies different options to deal with anger and frustration  Integration  Across A/C LO1 AS 3.1  Resource s  Magazine Scissors Glue Workshee ts Crayons A4 papers Poster with different facial expressions		FORMS Oral/practic al Written  METHODS Peer Group Teacher Self  TOOLS Checklist Observatio n sheet Rubric

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AS 5: Manages the changed environment of class and the school					Understan ding classroom routine Integration  Across Tech LO1 AS 1,2 &4 A/C LO3 AS 4&5  Resources Crayons Pencils Tins Coloured papers Feathers Leaves Ribbons						FORMS Oral/practic al Written  METHODS Peer Group Teacher Self  TOOLS Checklist Observatio n sheet Rubric

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LO 4 PHYSICAL DEVELOPMENT AND MOVEMENT											
AS 1; Demonstrate ways of throwing, striking, ,rolling bouncing moving with a ball						Ability to throw , strike, roll, bounce or catch the ball  Integration Across A/C LO1 AS1 GEO LO3 AS1  Resources Balls (Big & small) Tins Racquets Bats Hockey sticks					FORMS Oral/practic al Written  METHODS Peer Group Teacher  TOOLS Checklist Observatio n sheet Rubric

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AS 3: Responds to a variety of stimuli and express a range of different moods and feelings through movements						Individual capacity in given physical activities Integration Across A/C LO1 AS1 GEO LO3 AS1  Resources Physical Education Equipments e.g bean bags hoola whoops etc		Use of whole body parts to express feelings Integrat ion Across A/C LO1 AS1 GEO LO3 AS1  Resour ces Balls (Big & small) Tins			FORMS Oral/practic al Written METHODS Peer Group Teacher Self TOOLS Checklist Observatio n sheet Rubric

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AS 4: Participates in play using a variety of equipment				Sharing and taking turns with equipment Integration Across A/C LO1 AS1 GEO LO3 AS1							FORMS Oral/practic al Written  METHODS Peer Group Teacher Self
				Resources Physical Education Equipment e.g. racquets hockey sticks balls skipping ropes balance beams							TOOLS\ Checklist Observatio n sheet Rubric