# LESSON PLAN LEARNING PROGRAMME: LITERACY

GRADE 1 CONTENT IN CONTEXT - This is me

DURATION: 11 WEEKS

Selected LO's and AS's	Learning Activities	Resources
FAT 1,2,3	I discover more about my unique body	
HL LO 1 LISTENING		
AS 1: Listens	News: (Daily activity)	
attentively to	<ul> <li>The learners introduce themselves to their friends to get to know each other.</li> </ul>	Weather chart
instruction and announcements and	<ul> <li>The learners tell the teacher and the friends about their experiences over the weekend</li> </ul>	Duty chart
responds	Teacher discuss the weather chart e.g. Is it hot or cold? Do you	Birthday chart
appropriately AS 2: Demonstrates appropriate listening behaviour by listening without interrupting,	<ul> <li>think it will rain today? etc</li> <li>Teachers discusses the birthday chart – Whose birthday is in which month?</li> <li>Toilet routine</li> <li>Appoint class leaders on a weekly basis</li> </ul>	Sequence pictures of a story
showing respect for the speaker, taking turns to	Activities  • Tell the story of Emphasis and explain the words in bold print	Workbook
speak and asking questions for clarification	Shuffle the pictures and let the learners put them in the correct	Crayons
AS 3: Listens with enjoyment to short	<ul> <li>sequence while they say what happens in each picture</li> <li>Tell the story again. This time emphasise the body parts</li> </ul>	Scissors
stories, rhymes, poems and songs from a variety	mentioned. Let the learners show and name the corresponding body parts	Flashcards

of cult	ures	and	shows
unders	tano	dina	

- 3.1 Listens for the main idea and important details in the story.
- 3.2 Acts out parts of story, song or rhyme
- 3.3 Joins in choruses
- 3.4 Draws a picture of the story and writes a few words about it
- 3.5 Puts pictures in right sequence and matches captions with pictures
- 3.6 Answers open questions about the story
- 3.7 Expresses feelings; about this story

# **FAT 2,3**

AS 6: Develops phonic awareness: 6.1: Distinguishes between different phonemes especially at the beginning of words FAT 1

- The learners describe the differences between .....: tall, short, chubby, thin, long, short, etc
- Discuss the concepts short and tall. The learners can also point to one learner in the class who is eg. short or tall.
- Choose 3 to 5 learners at a time. Call out their names. Let the learners repeat and try to remember the names. Let the learners point out the shortest and the tallest learner in the group.
- Discuss the concept that each person is unique and a person his/her own right. Mention that learners in the class also differ

#### **WRITING**

- Position in space: the teacher gives instructions the learner carry out with their hands and arms e.g. it is above/under etc.
- Body parts do the same instructions with regard to body parts put your hands on top of your head, under your chin, in the middle of your head
- Writing and positioning in space give instructions such as: make a dot at the top of the page, on the right side, at the bottom, in the middle, etc.
- Crayon grip: practice the correct crayon grip
- Letter formation: the learners practice the letter in the air, note the starting point of the letter, the learners write the letter on the board
- Size: write the letter as big small on your board Teacher takes note of the following: Sitting posture Pencil grip
  - Let them name the colours while they are working "teacher check if learners can distinguish for eg between yellow and

Rhyme cards

Letter cards

Stapler

**Pencils** 

Crayons

Glue

Resource books

Books with body parts

Story books

**Activity cards** 

Flashcards:

**Names** 

**Body parts** 

Letters/alphabet

**Pictures** 

## **LO 2 SPEAKING**

# AS 1: Talks about personal experiences, feelings and news

AS 3: sings, recites acts out and mimes songs, poems and rhymes

FAT 4

AS 6: Recounts in sequence personal experiences

# LO 3: READING AND VIEWING

AS 1: Uses visual cues to make meaning.

As1,2: Uses illustrations to interpret the meaning of stories and tells a story

AS 2: Role-plays reading:

2.1: Holds up a book the right way up;

2.2: Turns pages appropriately

red.

Soundcard of prescribed letter
The learners colour the letter and cut it out

# **Oral language development**

- Name the body parts
- With which sound does the body part begin e.g. a –arm, b body, t – tongue
- Use body parts to indicate with what sound does the body part begin e.g. legs (I) arms (a) tongue (t) repeat the exercise until learners are able to recognize beginning sounds

# **Incidental Reading**

• Flash the names of the learners let them recognize their names. Is there anybody whose name begins with a "t", or "a" etc These learners gets a star on the forehead.

# **Rhymes and Stories**

 Read lots of stories and rhymes about the body uniqueness of each learner

# More activities on news

- Learners will be more able to be able to introduce themselves now: names and surnames
- Conversation: Learners tells what they did the previous day
- Teacher tells the story again emphasis on behind, in front, first, second, last, on top of, over, under, below.
- Discuss the uniqueness of learners again. Discuss disabilities and discuss the role of being thankful

**Reading words** 

Labels

Numbers

**Skills** 

**Emotions** 

Senses

**Phonics** 

Colour cards

Game rules

Maths vocabulary

Counters

Clay, paint, starch

TV \_ CD, Video recorder Radio Tape recorder Chalkboard Flipchart

2.3 Look at words and pictures 2.4 Uses pictures to construct ideas FAT 4 AS 4: Recognises letters and words and	<ul> <li>WRITING:</li> <li>The teacher gives instructions – put your hand at the top/at the bottom/in the middle of your head</li> <li>Writing letters: the learners practice letters in the air.</li> <li>The learners practice writing their names – learners with challenges use name tags on table</li> </ul>	Paper dolls Dolls
makes meaning of written text: 4.2: Reads own writing and the wiring of classmates	Oral and Language development  • Name the body parts  • Body parts – say words with the 2 prescribed letters  • The learners colour the letters	News print Magazines Newspaper Pamphlets
4.3: Uses phonic and word recognition skills to decode new or unfamiliar words in context AS 5: Develops phonic awareness: 5.1 Recognises and names letters of the alphabet 5.2 Understands the difference between letter names and letter sounds FAT 4	<ul> <li>Eye exercise – the teacher takes a pencil and draws a line in the air from left to right – the learners follow with their eyes</li> <li>Read names – Flash the names of the learners. Who can recognize their own name</li> <li>Read the word card of the body parts matching the body picture</li> <li>Assessment: <ul> <li>The teacher names the body parts and learners repeat until they know the names</li> <li>Touch and name 3 body parts in a row</li> <li>Touch a body part and learners name it</li> <li>Use the new vocabulary in the following sentence: this is my arm, my leg, my nose, my ear, my eye, my finger etc</li> </ul> </li> </ul>	
5.10 Recognises some	OL III DECEMBER TO BE DONE DATE.	
high frequency sight	Story time: DROP ALL AND READ – TO BE DONE DAILY  • Read a poem or story about my body	

#### words

**FAT 2 & 3** 

LO. 4 Writing

AS 1 Writes with increasing legibility

- 1.1: Manipulates writing tools like crayons and pencils effectively
- 1.2: Develops letter formation and handwriting skills, drawing patterns, tracing an copying words
- 1.3: forms letters of the alphabet successfully LO 5 THINKING AND REASONING

AS 1: Uses language to develop concepts:

1.1: Demonstrates developing knowledge of concepts such as quantity, size, shape, direction, colour, speed,

## **NEWS:**

- Learners talk about events at home
- Discuss the weather chart and birthday chart
- Toilet routine

#### **ACTIVITIES:**

- Tell a story about emotions
- Name the emotions mentioned in the story
- Learners dramatise emotions teacher gives hints

#### **WRITING:**

- Learners draw lines from left to right on a piece of paper
- Learners write their names. Emphasis the correct size of the letter of the letters

## **ORAL AND LANGUAGE**

- Learners name emotions
- Learners form words that end with the letter "t" e.g cat, sit, mat etc
- Learners colour pictures, cut it out
- Word building -with sounds already learnt words can now be built

# **ACTIVITY:**

- Finger exercises learners shrink and stretch their hands as big and a small as they can - repeat exercise
- Demonstrate the correct sitting posture and pencil grip

# Word building:

time, age, sequence

AS 2: Uses language to think and reason:

2.2: Classifies information

2.3: Identifies parts from the whole

2.4: Identifies similarities and differences

# LO 6 LANGUAGE USE AND STRUCTURE

AS 1: Relates sounds to letters and words

1.1: Uses phonics to Read and spell words

AS 2: Works with words

2.2: Spells some familiar words correctly

2.3: Use capital letters for names

AS 3: Works with sentences

3.1: Writes simple sentences

3.2: Uses punctuation – capital letter at the beginning of a sentence and a full stop at the end.

- Capital letter: explain the difference a capital letter and a small letter use the learners names
- Read cards of the body parts and emotions
- Flash the sight words

#### **ACTIVITIES:**

- Show different emotions name them.
- Name an emotion and the learners mime it I feel sad, I feel good, I feel proud, I feel angry.
- Revise the body parts again
- Let the learners name them in a sentence this is my nose, these are my feet. Explain singular and plural.
- Show a body part name them in a sentence and let the learner show the body part.

# POEM, SONGS, JINGLES AND RHYMES:

- e.g. This is the way I wash my face .....
- This is my nose I can smell with my nose. This is my ear I can hear with my ear etc.

## **NEWS:**

- The learners tell what they saw, heard, tasted, and smelled yesterday
- The learners share local news about the previous day
- Discuss weather chart and birthday's
- Toilet routine

# **ACTIVITIES:**

• Tell learners a story – jingles or rhymes about body parts and matching senses – explain the concept senses. Let the

# INTEGRATION: FIRST ADDITIONAL LANGUAGE:

LO1: Listening:

- 1.2: Understands simple descriptions
- 1.3: Understands simple oral instructions by responding physically
- 1.4: Develops phonic awareness

#### **MATHEMATICS**

LO 1: Numbers operations and relationships

AS 1: Counts to at least 34 everyday objects reliably

LO 3: SPACE AND

SHAPE:

AS 6: Follows directions to move or place self Within the classroom or three dimensional objects in relations to each other

LO 4: MEASUREMENT AS 5 Estimates, measures, compares and orders 3-d objects using learners feel objects around them and let them describe their feelings. Let them lick their arms to taste. Let them smell their clothes and a friends clothes.

- Questions: Which senses are mentioned in the story
- Learners point at the body part and names and demonstrates the sense

#### **ORAL AND LANGUAGE DEVELOPMENT:**

• Learners tell and demonstrates what each body part can do. Teachers writes words on board e.g. smell, hear, taste, feel etc

#### **WRITING:**

• Learners use blank pages to draw from top to bottom from left to right.

#### ACTIVITY:

- Finger exercises learner stretch and shrinks their hands from left to right
- Give learners pictures to sequence from left to right
- Learners page and read a book in groups from left to right
- Learner repeats and dramatizes learnt poems
- "DROP ALL AND READ" TO DO DAILY
- Read a story to learners

#### **NEWS:**

- The learners share new about previous day
- Discuss weather chart
- Discuss the birthday chart
- Toilet routine wash hands and faces

	ACTIVITIES	Г
non-standard measures:	ACTIVITIES:	
length	Use activities to consolidate left to right e.g. birdsnest,	
SOSIAL SCIENCE	sheepkraal, beehive	
(history)		
LO 2: Historical		
Knowledge and		
Understanding		
AS 1: discusses own and		
other people's		
experiences in the past		
and present (chronology		
and time)		
GEOGRAPHY		
LO 1: Geographical		
enquiry		
AS 1: indicates direction		Wall charts from
and position of objects in		clinics, hospital,
relation to self (e.g. left,		fire brigade
right, in front, behind)		Plastic of real fruit
ARTS AND CULTURE		and vegetables
LO 1: Creating		
Interpreting and		
Presenting		
VISUAL ARTS		
AS 1: engages in		
creative art processes		
1.1.1: presents images of		
own world in various		
media		
LIFE ORIENTATION	Physical movement and development: Play games, catch balls etc	

LO 1: Health Promotion		
AS 5: Recognises		
situations that may be, or		
may lead to sexual abuse		
and names a person to		
whom this can be		
reported		
LO 3: PERSNAL		
DEVELOPMENT		
AS 1 :States personal		
details		
AS 2 :Describes own		
body		
AS 3 :Shows and		
identifies different		
emotions, including		
respect for living things		
LO. 4 PHYSICAL		
DEVELOPMENT		
AS 2 :use a combination		
of body parts to		
locomote, rotate, elevate		
and balance without		
equipment		
	Physical movement and development:	
	Play games,catch balls	

DETAILS OF ASSESSMENT
BARRIERS TO LEARNING:
TEACHER REFLECTION: