



BORDER ATHLETICS

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BORDER AND LG SPORTS TRACK AND FIELD ATHLETIC SERIES LAUNCH INFORMATION MANUAL

1. VENUE

- 1.1 The competition will take place at the Jan Smuts Athletics Stadium in East London on Saturday, 24 August 2019.
- 1.2 The stadium has an eight (8) lane synthetic track with facilities for all athletics events.

2. GENERAL

- 2.1 The meeting will be conducted under the rules of IAAF and ASA.
- 2.2 The series is open for all ASA provincial members of the Eastern Cape Schools. Individual entries will be allowed.
- 2.3 The Border and LG Sport Athletic Track & Field Series is for the following categories:
 - (a) Sub-Youth – 14 or 15 years old on 31 December 2019 (born in 2004 or 2005)
 - (b) Youth – 16 or 17 years old on 31 December 2019 (born in 2002 or 2003)
 - (c) Junior – 18 or 19 years old on 31 December 2019 (born in 2000 or 2001)
 - (d) Senior
 - (e) Athletes must participate in the event(s) they wish to showcase
- 2.4 Entries without an I.D. number will not be accepted.
- 2.5 Deadline for submissions of all entry forms from clubs, schools, provinces, individuals is 14 August 2019. Please make use of the attached spreadsheet for the entries.
NB: No hand copies will be accepted
- 2.6 Implements: Border will provide but athletes are allowed to use their own implements.
- 2.7 All events will be final except where there is a tie.

President: Ntathu Gwadiiso

Board Members: Thembela Makaula; Roller Nokenke; Barry Adcock; Busisiwe Simani; Irene Morrison; Simphiwe Majiki;

Associate Members: IAAF, ASA, USSA, SASA, Border Masters

3. PARTICIPATION AND ENTRY FEE

- The entry fee for athletes is R20.00.
- Individual entries is R20.00.
- Accreditation cards/lanyards will be issued to all team managers and coaches.
- EFT payments have to be done with the submission of the entries to:
Border Athletics
Nedbank
Branch Code: 120621
Account No: 1206 001 895
Ref: "Province/Club Name)
- Please send proof of payment by email to borderathletics@gmail.com

4. SPECTATORS

Entry fee for spectators is R20.00 payable at the entrance gate to the stadium.

5. LOC, JOC, TECHNICAL OFFICIALS AND VOLUNTEERS

Entry is free and will be identified by accreditation cards/lanyards to be worn during the duration of the event.

6. ASSISTANCE TO ATHLETES

- 6.1 All races from 800m and above, intermediate times will be displayed on an electronic board located close to the finish line.
- 6.2 In Track events of 5000m and longer, water will be provided to athletes on the track if weather conditions warrant it (IAAF rule 144.4).
- 6.3 No coaches or team managers will be allowed on the infield, however, athletes will be allowed to communicate with their coaches outside the competition area (IAAF rule 144.2).

7. ATHLETES CONTROL CENTRE (CALL ROOM)

- 7.1 The Call Room for the athletes will be situated at the warm up area at B Field. All athletes must report to the Call Room.
- 7.2 If an athlete is entered in both track and field events which takes place simultaneously, the Team Manager must report this at the Call Room at least one (1) hour prior to the start of the first event.
- 7.3 When the control has been completed, an official will accompany the athletes on to the competition area.
- 7.4 Only athletes and official team managers will be allowed in the Call Room (i.e. no parents, coaches etc).

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7.5 Athletes call out times will be as follows:

Event	Call Room	Entry on the field
Field events	60 minutes before the official starting time.	35 minutes before the starting time
Track events	35 minutes before the starting time	10 minutes before the starting time
Hurdles	35 minutes before the starting time	15 minutes before the starting time

8. VICTORY CEREMONY

8.1 The first three (3) athletes in each final event will have to report to the victory ceremonies area. The victory ceremony will be held according to the victory ceremony programme distributed at the technical meeting.

8.2 Please note that athletes must be dressed in their team attire (full track suit) as the victory ceremony is part of the competition.

9. TECHNICAL DATA

9.1 Electronic timing and hand timing will be used.

9.2 The measurement of distance at the field events shall be by means of steel measuring tape.

10. MEDICAL SERVICES

A full medical service with an ambulance will be available at the stadium.

11. TECHNICAL OFFICIALS

11.1 Technical officials should wear black/navy/white, but according to where they are placed.

11.2 Province of Transkei will assist with technical officials and nominate their preferred position.

11.3 Border will provide 60% of the technical officials.

11.4 Districts to bring 15 athletes per district.

11.5 Eastern Cape Academy squad.

GOOD LUCK

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