



# Hoor hier

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Newsletter 29/2021

7 May 2021

## Bulletin!

The following Bulletin is available at <https://www.eccurriculum.co.za/Bulletins.htm>:


- Volume 1 of 2021: **Open Post Bulletin for Principals - Closing date: 18 June 2021**

## Curriculum Instructions

The following documents are available at [https://www.eccurriculum.co.za/Curriculum\\_Instructions.htm](https://www.eccurriculum.co.za/Curriculum_Instructions.htm):

- **Revised Subject Weightings for SBA in Grades 1 - 9**
  - **National Assessment Circular 1 of 2021:** Implementation of the 2021 Assessment Programme in Mainstream and Special Schools across the General Education and Training (GET) Band
  - **Foundation Phase Formal Assessment Tasks**
  - **Intermediate Phase Formal Assessment Tasks**
  - **Senior Phase Formal Assessment Tasks**

## SAOU Webinars



VKO

Math ECD

Date & Time: 10 May 2021, 16:00

ECD

[Register here >>](#)



What role must the HOD perform towards supporting the school's academic plan? | Wat is my rol as DH ten opsigte van die akademiese plan van die skool?

**Date & Time:** 11 May 2021, 16:00

**Presenter:** Susan Roberts

*Schools set plans to improve the academic level of the school. How does the Head of Department implement this in his/her curriculum management?*

*Skole stel planne op om die akademiese vlak van die skool te verbeter. Hoe moet die Departementshoof die plan in sy kurrikulum bestuur toepas?*

[Register here >>](#)



SAOU: Admin Personnel | Admin Personeel

**Date & Time:** 12 May 2021, 14:15

**Presenter:** Doné van Wyk

*Enter your own 'super position'*

[Register here >>](#)

## 'n Virtuele ontmoeting met Jaco Jacobs



# UITNODIGING

## Afrikaanse taalonderwysers

'n virtuele ontmoeting met ...

**Jaco Jacobs**



Topverkoper van  
kinderboeke

**20 jaar viering van  
boeke uit die boonste rakke!**

**Datum:** Donderdag, 20 Mei 2021

**Tyd:** 14:00 – 15:00

Jaco gesels oor:

- die belangrikheid van lees vir kinders
- hoe om lees aan te wakker by jong kinders
- hoe en waarom hy die spesifieke temas vir sy boeke kies

Hierdie gesogte boeke is beskikbaar vir Huistaal asook Eerste Addisionele Taal.

Alle deelnemers sal 'n virtuele geskenpkakke ontvang en daar sal 'n gelukkige trekking wees.

Daar sal ook geleentheid vir vrae wees.

Die Macmillan span sien uit na 'n heerlike kuier saam met jou en Jaco.

**Registreer hier:** <https://register.gotowebinar.com/register/7137477946993656079>

## GEMS Health Matters

**Your HEALTH**  
Newsletter



# 4 daily habits FOR A HEALTHIER HOME



**Good health starts in the home, with healthy habits. When parents set a good example, their children are likely to follow.**

**40**  
**MILLION**

According to research, good lifestyle choices can help to prevent **40 million cases of chronic illnesses**, such as heart disease, diabetes, stroke and cancer, a year.

*Below are 4 simple ways for you and your family to maintain long-term health.*



### 1. LEAD BY EXAMPLE THROUGH BALANCED EATING

If children see their parents snacking on chips and sweets, they're not going to want to eat their veggies. Add more legumes, nuts and whole grains to your diet, and make it fun, by introducing new vegetables to the menu or cooking together.



### 2. DON'T EAT IN FRONT OF THE TV

By practising mindful eating during family meals, you're less likely to overeat, which can increase your risk for obesity and type 2 diabetes. Limit distractions such as TV, cellphones and other technology when eating.



### 3. AVOID SUGARY DRINKS

Fruit juices and cool drinks can increase the risk of heart disease and type 2 diabetes. Rather stick to water and aim to drink around 10 to 12 cups per day.



### 4. DON'T LIE AROUND

As comfortable as it is to lounge on the couch, a sedentary lifestyle can double the risk of early death. By involving the family in cleaning the house, having a dance party or running around the backyard, you can improve your health and theirs.

Habits can either be good or bad for your health. Make the right choice for you and your family today by adopting habits that will help build a healthier lifestyle.

# Vacant Posts

Prospective teachers should scan the following platforms for more vacant posts:

- Eastern Cape Teaching Vacancies: <https://www.facebook.com/groups/860699977694144>
- SAOU: <https://www.facebook.com/saou278>
- Onderwysposte / Teaching posts: <https://www.facebook.com/groups/1380769782243214/>
- <https://www.facebook.com/groups/1185645861467356/>
- <https://www.facebook.com/Lusikisiki-Job-Sharing-page-295933477267358>

## CVs

(CVs received since the previous edition. See the list below. Text is unedited.)

NAME	SURNAME	QUALIFICATIONS	PHASE	SUBJECTS	AREA
Nikita	Pote	Educare N4 Educare N5 Educare N6 First aid course	Foundation / Grondslag	English Afrikaans Maths Life skills	Any area
Brittney	Crause	BEd FET	Senior, FET / VOO	Life Orientation Grade 8 to 12 Maths Grade 8 and 9 N.S Grade 8 and 9 English FAL Grade 8 and 9 Mathematical Literacy Grade 10 to 12 Life Sciences Grade 10 to 12 Agricultural Sciences Grade 10 to 12	Uitenhage and Despatch
Brigitte-Lee	Swart	PGCE in Intermediate Phase and Senior Phase in Education, Diplomia in Graphic Design	Intermediate / Intermediêr, Senior	Life Orientation and Visual Art	East London, Port Elizabeth
Storm	Andersen	BSC (Zoology and Human Kinetics and Ergonomics) PGCE (FET and Senior Phase) BA Honours (Human Movement Science)	Senior, FET / VOO	Natural Science Life Science Social Science Life Orientation	Gqeberha Uitenhage East London



Nokwanda Patience	Nhlumayo	Human Resources Management Diploma Post Graduate Certificate in Education (PGCE: INTERMEDIATE TO SENIOR PHASE)	Intermediate / Intermediêr, Senior	Natural Science and Technology Mathematics Social Sciences Ems Life Orientation Life Skills	Bizana Marina Mthatha Port Elizabeth
Leigh	Minnie	Bachelor Degree	Intermediate / Intermediêr	English First/First Additional Language, Afrikaans First Additional Language, Mathematics, Natural Sciences and Technology, Social Sciences	Anywhere

More information and contact details of these candidates, as well as others, are available at <https://bit.ly/CVdata>.

ATPs available: Check regularly for updates



Click <https://bit.ly/ATP-2021>

How to advertise on **Hoor hier**

Kindly take note of the following:

- **Vacant posts at schools:**
  - **Cost:** Free
  - **Size:** A4 Portrait or A5 Landscape
  - **Format:** PDF or JPG
- **Other adverts relevant to schools/education:**
  - <https://bit.ly/Tariffs4adverts>



# SAOU Novice Teacher Symposium

## SAOU

PRESENT THEIR ANNUAL

# NOVICE TEACHER SYMPOSIUM 2021

If you are a newly appointed Educator with less than 3 years teaching experience, this is for

SATURDAY 8 MAY 2021

WESTVIEW SPECIAL  
SCHOOL, PE

08H00-12H00

## YOU



R270 members  
R290 non  
members

SATURDAY 15 MAY 2021

GRENS HIGH SCHOOL,  
EAST LONDEN

08H00-12H00



### I TEACH!

### WHAT IS YOUR SUPERPOWER?

REGISTER BEFORE 30 APRIL 2021

To register click here.

Click here to register: <http://bit.ly/NoviceTeachers2021>

# 3 RULES OF LIFE



- 1. If you don't go after what you want, you will never have it.**
- 2. If you do not ask, the answer will always be NO.**
- 3. If you do not step forward, you will remain in the same place.**

WORLD Wisdom

This is a private newsletter and it does not reflect the official views of the Department of Education.  
Contact details: [drik.greeff@gmail.com](mailto:drik.greeff@gmail.com)