

# Collegiate Girls' High School



15  
Years of Excellence  
1874 - 2024



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“Wellbeing is about the combination of our love for what we do each day, the quality of our relationships, the security of our finances, the vibrancy of our physical health, and the pride we take in what we have contributed to our communities.”

– Tom Rath

## Wellbeing Conference 13-15 June 2024

**Registration has opened with group booking rates and early bird discounted rate!**

Collegiate Girls' High and Junior Schools will celebrate 150 years of excellence in 2024 and we wish to invite you to join our Wellbeing Conference of 2024.

The delegates to attend could be members of the Senior Management Team, psychologists, social workers, Life Orientation teachers, teachers seeking professional development and growth and teachers with a passion for pastoral care of learners and staff. While we believe that we will want knowledge around wellbeing, we are also determined to ensure that our delegates at the Conference leave feeling well because we all know you cannot pour from an empty cup. Our intention is to have our teachers have a great time at the end of a busy Term Two with a blend of recreational activities, enrichment and educational information with delegates who share a vision of exploring ways to create wellbeing among school staff and learners.

Date: 14h00 on 13 June to 12:00 on 15 June 2024

Place: Collegiate Girls' High School. Kestell Street, Parsons Hill, Gqeberha.

Cost: R3 200 per delegate

- **We would like to offer an early bird offer until 19 April of just over 10% off the price of R3200. This would be R2800.**
- **We would like to offer a flat fee of R2400 per person when a school books for 5 or more delegates.**

We look forward to collaborating, networking and making friends, while filling your wellbeing quota, and speaking further on being well!

Please contact Mrs Penny Stephenson at [pennys@cghs.co.za](mailto:pennys@cghs.co.za) or 041 3737705 with any questions that you may have.

Registration for delegates should be done via this link: <https://forms.gle/XRZTmVfjUUzhyz2g7>

More information can be sourced on our website at <https://www.collegiatehigh.co.za/150-years/well-being>